



# EQUINE ASSISTED COUNSELING

Equine Assisted Counseling (EAC) provides personalized sessions to support mental health, physical and developmental challenges, trauma, and relationship issues. Services include counseling with licensed social workers or marriage and family therapists, and psychotherapy with psychologists or psychotherapists.

We work with veterans, military families, survivors of violence and trafficking, those affected by substance abuse, PTSD, TBI, depression, anxiety, and relationship struggles.

Sessions are available for individuals, couples, families, and small groups in a supportive, healing environment.

## Right by the Mission in Oceanside!

### Ivey Ranch Park Association

110 Rancho Del Oro Drive

Oceanside, CA 92057

(760) 722-4839 | Fax (760) 722-6598

[iveyranch.com](http://iveyranch.com)

Tax ID 95-3775136

*Where horses become partners in healing, learning, and growth.*

Sessions are available for individuals, couples, families, and small groups. Our licensed counselors bring clinical expertise into a uniquely healing environment — the arena.

