



THERAPEUTIC HORSEBACK RIDING

Through the combination of physical, mental, and emotional work with a gentle and non-judgmental animal, participants come to realize they can achieve their goals. The bond that develops between a horse and rider inspires a sense of teamwork, responsibility, communication, caring, and joy.

Therapeutic horseback riding can enhance self-esteem, concentration, speech, emotional states, personal mobility, and produce a sense of well-being and a feeling of independence. Students with physical disabilities can improve their muscle strength, motor skills, flexibility, posture and coordination. Riders can be as young as age 5 and we facilitate lessons for our Senior Citizens too.

This program is available to the participant through San Diego Regional Center or private pay.

Right by the Mission in Oceanside!

Ivey Ranch Park Association
110 Rancho Del Oro Drive
Oceanside, CA 92057
(760) 722-4839 | Fax (760) 722-6598
iveyranch.com
Tax ID 95-3775136



I can't say enough good things about Ivey Ranch and the incredible staff and volunteers. We firmly believe that much of Isla's strength, coordination, and physical progress can be directly attributed to her two years of riding at Ivey. Sam has been amazing! She's never afraid to get silly, always ready to encourage... the perfect combo of gentle fun that draws Isla in and really allows her to flourish. I can't say enough good things about her. Thank you! You played a very special part in Isla's life and we are forever grateful.

- Libby T.

