

Vaulters participate on a team and learn as individuals, pairs, and groups. Workouts begin with exercises on vaulting barrels and then progress to the back of a horse at a walk and then a trot. The program provides exceptional opportunities for physical, developmental, and social improvement or progression for both typically developing children and those who may have balance, attention, gross motor skill or social deficits.

Lessons include grooming and tacking the vaulting horse, stretching, vaulting barrel exercises and warm up, and mounted execution. Designed for ages 7 to adult, cost \$15/class billed monthly.

Right by the Mission in Oceanside!

## **Ivey Ranch Park Association**

110 Rancho Del Oro Drive Oceanside, CA 92057 (760) 722-4839 | Fax (760) 722-6598 iveyranch.com Tax ID 95-3775136 We came last year to your summer camps and we loved your horse and vaulting program. My daughter Emma could not get enough and we would be over joyed to come back.

- Malia F.



